

[Quick Links](#)

[More About Us](#)

[Online Assessment](#)

[Order Form](#)

[Contact Us](#)

[Where in the world are JP's  
birdhouses?](#)



**GABRIEL**  
*Environmental Services*

FEBRUARY 2017

## Recipe Corner



### Slow-cooker Pork Tinga with Potatoes, Avocado and Fresh Cheese

#### Ingredients:

- 1 Tbsp olive or vegetable oil
- 1 lbs lean, boneless pork shoulder, trimmed and cut into 1 1/2 in. cubes
- 4 oz chorizo sausage, removed from its casing
- 4 to 5 medium red-skinned potatoes, quartered
- 1 large white onion, sliced 1/4 in thick
- 1 garlic clove, minced
- 1 28-oz can diced tomatoes, in juice

## Chicago's Blooming!



Chicago's Flower and Garden Show is just around the corner. From March 18th - 26th, enjoy life-sized gardens, how-to workshops, and instructional seminars on Navy Pier.

This year's show features:

- 20 Feature Gardens
- Garden Gourmet Cooking and Gardening Live Presentations
- Potting Parties and Planting Fun
- Kids Activity Garden
- CARBA Cake Decorating Competition
- Home & Garden Marketplace

The 2017 theme "Chicago's Blooming" will spotlight all that is wonderful about Chicago's unique neighborhoods and urban green spaces.

Visit [chicagoflower.com](http://chicagoflower.com) to learn more about the seminar schedule, garden sponsors, and vendors. Tickets can be [purchased in advance online](#) or at the door.

## Digging Up the Facts Seminar - March 23rd, 2017

Join Gabriel for our Digging up the Facts: Phase I Basics seminar on Thursday, March 23, 2017.

- (pref. fire-roasted)
- 2 to 3 canned chipotle chiles in adobo, finely chopped
  - 4 tsp chipotle canning sauce
  - 1 Tbsp Worcestershire sauce
  - 1/2 tsp dried oregano, pref. Mexican
  - Salt
  - ~ 1/2 cup crumbled Mexican queso fresco
  - 1 avocado, pitted and diced
  - Warm corn tortillas



*Possible asbestos-containing floor tile is one of the Business Environmental Risks included in a Phase I Environmental Site Assessment inspection*

Topics covered include:

- What do environmental consultants look for during a Phase I?
- How are Phase I's performed?
- What happens if potential contamination is discovered?
- When do environmental consultants recommend a Phase II?
- What are the stages of a Phase II, or beyond?

*Thursday, March 23, 2017*

8:15 - Breakfast and registration

8:30am - Seminar

10:15am - Phase II Soil Boring Demonstration

Visit Gabriel's [Calendar webpage](#) for more information and to register for the seminar.

**Directions:**

1. If your slow cooker has an insert that can go on the stovetop, heat the oil in it over medium-high heat. If it cannot go on the stove, heat the oil in a very large non-stick skillet. Once oil is very hot, add the pork and chorizo in a single layer and cook, stirring until the meat has browned, about 6-8 minutes.

2. Place the insert with meat into the slow cooker. Add the potatoes, onions, garlic, tomatoes with the liquid, chipotles, chipotle sauce, Worcestershire, oregano, and 1/2 tsp salt. Stir to mix thoroughly.

3. Cook on high for 6 hours or low for 8 hours. If the sauce seems too thick, stir in a little water. Taste, and season with salt if you think the dish needs it.

4. Scoop into a large bowl, sprinkle with the fresh cheese and diced avocado. Serve with warm tortillas.

**New EPA Administrator Confirmed**

The U.S. Senate has confirmed Scott Pruitt as the new Administrator of the Environmental Protection Agency (EPA). Pruitt is the former Attorney General of Oklahoma and was often at odds with EPA, describing himself as 'a leading advocate against the EPA's activist agenda.'

Pruitt states that he will focus on making sure EPA follows the rule of law. Further, he believes the goals of environmental quality and energy production are compatible.

Critics are concerned about the close ties between Pruitt and the energy industry, as well as his skepticism about climate change.

Source: [NPR, "Scott Pruitt Confirmed to Lead Environmental Protection Agency," February 17, 2017.](#)



*Recipe courtesy of*  
*Rick Bayless*  
*A Lunch favorite!*

Gabriel Environmental Services, 1421 N. Elston Ave., Chicago, IL 60642