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Recipe Corner



Asian Noodle Salad

Ingredients:

- 8 oz. package udon noodles
- 2 cups cabbage, thinly sliced
- 2 carrots, julienned
- 3 Tbsp peanut butter
- 2 Tbsp sesame seeds
- 1/4 cup olive oil
- 3 Tbsp sesame oil
- 2 limes
- 2 Tbsp sweet chili sauce

Directions:

1. Cook udon noodles per directions.



GABRIEL
Environmental Services

JULY 2017

Five Steps to Obtain a No Further Remediation (NFR) Letter after a Tank Leaks

If you're interested in purchasing a property with a Leaking Underground Storage Tank (LUST) Incident, or you currently own a property with an open LUST Incident, the steps for satisfying the Illinois EPA (IEPA) to officially close your site may be confusing.

The goal of the LUST program is to obtain a No Further Remediation (NFR) Letter from the IEPA, which signifies that this leaking tank is no longer a threat to health or the environment. If you're purchasing or refinancing your property, most lenders will require this NFR letter to satisfy their environmental due diligence requirements.



IEPA lays out the five steps to follow to obtain this NFR Letter:

- **Early Action:** Within 45 days of a LUST Incident being declared, the owner must take action to prevent any additional leaking from the UST. This may involve pumping out the tank, removing the UST, or properly abandoning the UST. The owner must also characterize the initial extent of any contamination through soil sampling, either via excavation samples (if removing the UST) or soil borings (if UST will remain in place, either operating or abandoned).
- **Stage 1 Site Investigation:** If contamination above IEPA limits exists, IEPA then requires soil sampling around the UST, plus groundwater sampling if groundwater is encountered.
- **Stage 2 Site Investigation:** If contamination is discovered during the initial Stage 1 analysis, IEPA requires additional on-site soil and/or groundwater sampling to determine the extent of the contamination. Soil gas sampling for potential vapor intrusion may also be required. Stage 2 may involve several rounds of sampling, depending on the size of the property and spread of contamination.
- **Stage 3 Site Investigation:** If contamination exists at the

- Cool to room temperature.
2. Mix peanut butter, sesame seeds, olive oil, sesame oil, lime juice and chili sauce.
 3. Mix noodles, cabbage, carrots, and dressing.
 4. Enjoy!

3rd Place - Noodles Contest
John Polich

site boundary, IEPA also requires off-site sampling to determine if the contamination has migrated onto nearby properties.

- **Corrective Action:** Depending on the extent of contamination discovered during the Site Investigation stages, IEPA may require various Corrective Action strategies, including:
 - If vapor intrusion exists, installation of Building Control Technology (BCT)
 - Site use restrictions
 - Engineered barriers
 - Groundwater use restrictions
 - UST removal
 - Contaminated soil removal

Due to Illinois' risk-based [TACO regulations](#), most LUST Incidents can obtain an NFR Letter without active remediation.

If you have questions about how Gabriel can help you close your LUST Incident and obtain an NFR Letter, contact Nancy Valenta at 773-617-1046 or nvalenta@gabenv.com.

SAVE THE DATE!



Mark your calendars for Gabriel's Annual Open House:

**Thursday,
September 7th,
2017**

Details and invitations will be sent in August. Keep an eye on your inbox!

JP Birdhouse Recent Visits

- August 6
- August 27
- September 17
- September 24
- October 1
- October 15

MWRD Offers Free Tours of Mainstream Pumping Station and McCook Reservoir

For a limited time, Metropolitan Water Reclamation District (MWRD) is offering free tours of its Mainstream Pumping Station and McCook Reservoir this summer and fall. The tours will give visitors a complete overview of the Tunnel and Reservoir Plan (TARP) system and how it functions to improve local water quality and mitigate flooding throughout Cook County.



McCook Reservoir is scheduled to be completed in late 2017. It will be the last and largest of three reservoirs being constructed as part of TARP.

Tours are offered:

All tours start at 9am and are expected to last 2 hours. All ages are welcome. Wear sturdy shoes and note that shorts, dresses, sandals, and high heels are not allowed.

Tours will include a tour of the pumping station, followed by a bus



Langkawi Island,
Malaysia



Tiwai, Sierra Leone

See more on the
[Birdhouse Blog](#)

ride to McCook Reservoir overlook.

MWRD will also offer free tree saplings, compost, photo booth and TARP rock at these events.

Parking is free at the Mainstream Pumping Station (6100 River Road, Hodgkins, IL).

Call 312-751-6632 to reserve your space on one of these tours. All attendees must RSVP.

More information can be found on [MWRD's Facebook page](#).



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